



douche / enema

Anal hygiene is one of the most common concerns that people have about anal play. Many people often find that an internal cleansing with a douche / enema, before anal play, allows them to relax and enjoy the experience more fully. Simply follow the following steps to use your product and prepare for your butt adventures.



When using the douche / enema, only a couple of cups of water is necessary because you're just rinsing out the last 6-8 inches (15-20 cm) of the rectum. If you use too much water, you can stimulate your digestive system and make things messier.



Use warm water, so check it against your wrist to ensure you use the correct temperature. Too cold and you'll cramp. Too hot and you'll irritate the tissues.



Be sure to use water you'd drink. If you filter your tap water, use filtered water for a douche / enema.

GETTING STARTED

Enjoying Your Douche/ Enema

1. Rinse the bottle out, wash the nozzle, and fill the bulb with warm water.
2. Screw the nozzle to the bulb and lubricate the nozzle. A lubed up nozzle will go in nice and easy.
3. Rest on your elbows and knees or lie on your side. Insert the nozzle and squeeze the bulb.
4. Hold the water for 10-15 seconds and release it into the toilet. You can repeat this process a few times until the released water become clear. You can also try holding in the water in while refilling the bulb. Repeat and then release all the water at once.
5. Immediately cleanse the nozzle and bulb with a mild soap, let air dry, and then store away.

Internal cleansing can take some practice, so the first few times you do it, give yourself plenty of time. It's also a good idea to do an enema about an hour before playtime. Water can get trapped in the folds of the rectum and might take a little time to come out.

STORAGE & MAINTENANCE

Clean your douche / enema before and after each use with an antibacterial toy cleaner, or warm water and antibacterial hand soap. Air dry or towel dry your toy thoroughly before storing.

To prolong the life of your douche/ enema, store away from heat and sunlight, and away from other silicone toys. Use water-based lubricant with this douche / enema. Silicone-based lubricant may damage the douche / enema.

WARRANTY

Products come with a 1-year warranty from the date of purchase. If you experience any issue with your toy, please visit the website where you purchased the product, then fill out the contact form and include details of the problem.

DISPOSAL INFORMATION

Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems):



The crossed-out dustbin symbol indicates that these items should not be treated as household waste, but rather brought to the appropriate collection point for recycling electrical and electronic equipment.

MADE IN CHINA

WARNING!

This item is sold as an adult novelty only. Item does not contain phthalates and it is recommended to use water-based lubricants. Should any irritation or discomfort occur, stop using this item immediately. The usage of this product is in no way a means to warrant any medical claims.

Keep this product away from children.